

Guide for the American Board of Medical Acupuncture Case Report

The goal of the case report is to evaluate the candidate's proficiency in acupuncture medicine by reporting his or her own clinical case experience. The report should provide adequate logical medical information and describe the rationale behind the acupuncture medical management plans and outcome.

Each candidate will write two different case reports. Your case report is scored according to the categories below. A weighted average score of 80 points or above is required to be considered a passing score.

	Points
Authenticity	20
Style	10
Abstract	5
Case Presentation	15
Clinical Assessment	15
Treatment Plans	15
Outcomes, Discussions and References	20
Total	100

Authenticity:

The case report must be taken from the author's own cases. It must describe the real case treatment experience and follow-up results.

Style:

The case report should be typed in clear and legible English, using single space, Regular, Time New Roman font, size 10. The minimum required length for the case report is one page, with a recommended length of two pages. Use comprehensible and accepted medical languages

Abstract:

The abstract should contain one or two sentences describing the event, and one or two sentences describing the value of the case report.

Case Presentation:

The aim is to provide a thorough historical account of the event and to describe the case information in chronological order.

Clinical Assessment:

The aim is to provide enough medical information from the clinical assessment and examination to support the diagnosis. Use clear and accepted medical and pathological terms. You may use Traditional Chinese Medicine terminology if it guided your treatment approach, but always present the diagnosis in Western terminology as well.

Treatment Plans:

Each patient receives individualized acupuncture treatment that focus on his or her specific needs. The treatment plan includes, but is not limited to:
The style of acupuncture employed (for example, Traditional Chinese Medicine, Japanese, Korean, Western Medical Five Element, auricular acupuncture, etc.)

- Type of needle used
- Number of needles inserted per session
- Name of the points utilized, their locations, whether unilateral or bilateral
- Needle stimulation, e.g. manual or electrical
- Needle retention time
- Frequency and duration of the treatment
- Details of other acupuncture related techniques administered (e.g. moxibustion, cupping, gua sha, herbs, physical therapy, life style adjustment advices, etc.)

Outcomes, Discussions and References:

The treatment and overall assessment must be reasonable and ethical. Describe the details of the treatment results. Use descriptions and measurements that are as reliable as possible. You can report both positive and equivocal outcomes from the acupuncture treatment. Interpret your treatment approaches and results in the discussion. If your outcomes differ from your expectations, explain why that may have happened. If your results agree, then describe the theory that the evidence supported. Please list references to support the acupuncture management of the case.